

RATTLE SNAKE BOWL

Courtesy of Sheridan Schools (IN) & North Spencer Schools (IN)

INGREDIENTS:

- Penne Pasta, multi-grain
- Tyson Dark Meat Strips Chicken
- Land O Lakes® Ultimate Jalapeno Cheese Sauce
- Fresh Gourmet Tortilla Chips
- Red Gold Salsa #REDSC2Z**

INSTRUCTIONS:

1. Steam Chicken Fajita Meat in steamer for about 15 minutes, or until temp reaches 135° or higher for at least 15 seconds. (Reserve Juice from meat) Cover and place in hot holding unit.
2. Place penne pasta noodles in steamtable pan and cover with water. Steam in steamer for about 13-15 minutes. (Do not over cook) Stir frequently. Drain water and add Chicken and Chicken Juice to noodles.
3. Heat bags of Queso cheese in steamer about 15 to 20 minutes until it reaches 145° or higher for at least 15 seconds. Pour into Steamtable pan and place in hot holding unit.
4. In separate pan pour chips into.
5. Serve Students One Spoodle of Chicken and Noodles and one Spoodle of Cheese and top with chips
6. Serve with 3 oz portion control cup of Red Gold Salsa.

Use a #6oz Spoodle for Chicken and Noodles= 2oz MMA & 1oz Whole Grain
 Use a #2oz Spoodle for Queso Cheese = 1 oz MMA
 Use a #4oz Spoodle for Tri-Color Chips= 1oz Whole Grain
 CCP: Hold for hot service at 135° F or higher

Alternate Recipe Name:
 Number of Portions: 240
 Size of Portion: 1 each

902919 PASTA, PENNE, MULTI-GRAIN, DRY.....	14 1/4 LB
903090 Chicken, Tyson Dark Meat Strips.....	30 LB
903142 Cheese Sauce, RS Ultimate Jalapeno 39946....	45 LB
903229 Tortilla Strips, Whole Grain.....	64 oz
903230 Salsa, Red Gold 3 oz cup.....	45 LB

*Nutrients are based upon 1 Portion Size (1 each)

Calories	492 kcal	Cholesterol	81.43 mg	Sugars	*0.00* g	Calcium	250.57 mg	41.78%	Calories from Total Fat
Total Fat	22.84 g	Sodium	783.34 mg	Protein	22.19 g	Iron	*2.02* mg	12.65%	Calories from Saturated Fat
Saturated Fat	6.91 g	Carbohydrates	46.88 g	Vitamin A	*0.00* IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	1.85 g	Vitamin C	*0.00* mg	Ash ¹	*N/A* g	38.12%	Calories from Carbohydrates
								18.04%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
¹ - denotes optional nutrient values
² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Miscellaneous	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt..... 2.25 oz				? - Milk
Grain..... 2 oz				? - Egg
Fruit..... cup				? - Peanut
Vegetable(R/O).... 1/2 cup				? - Tree Nut
Milk.....				? - Fish
Moisture & Fat Change cup				? - Shellfish
Moisture Change. 0%				? - Soy
Fat Change..... 0%				? - Wheat
Type of Fat.....				

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
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NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



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